



Day1 Newsletter

Discovering our youth potential

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"It is one of the most rewarding things I have ever done."

Top right: Corrin Henderson receiving the award in Edinburgh, on behalf of Day1

By Armelle Murray

The Day1 mentoring charity has now been running for five years, each year passes with successful stories of both mentors and the young people involved. The charity itself expands and receives recognition of its efforts which we are delighted to see. The idea of the Day1 newsletter is simply to inform those who may have mentored in the past or are interested in the work of the charity.

Hard Work Rewarded

This year Day1 have been very grateful to receive numerous awards for its on-going work with young people and is delighted that the hard work being put in is being recognised. November saw Day1 accept two awards from the national agency, the Scottish Mentoring Network. Day1 was privileged to collect the National Employment Project of the year award and Craig Urquhart, who was one of the first to sign up back in 2006 has switched roles within the programme to become a fresh new mentor and picked up the prestigious commended-



Mentor Award. Corrin Henderson, Day1 co-ordinator received the awards at the National conference in Edinburgh in November. This was not the first of our awards as back in March our long-term mentor Zoe Ross, from Conon Bridge won the Scottish Role Model/Mentor of the year award from the national agency for youth work, Youthlink Scotland. Zoe has worked with 5

young people throughout her four years with Day1. She was a deserving winner and an article in *The Press and Journal* quoted Zoe saying, 'it is one of the most rewarding things I have ever done'. Along with this award Corrin Henderson, Day1 co-ordinator, picked up a runners-up medal for youth work manager of the year.

Day1 recommended to work with Prince's Trust



Above: Chris receiving his Day1 graduation certificate of achievement from his mentor Dan Jenkins in Sept

“Day1 is more than happy to be a part of the new service and has been asked to train 130 mentors-to-be”

The National charity, the Prince's Trust has been pointed in the direction of Day1. The Prince's Trust known for its ability to 'help develop key skills, confidence and motivation, enabling young people to move into work, education or training' has been recommended by the government appointed agency, the Scottish Mentoring Network to use Day1's award winning mentoring skills to launch their new mentoring programme to take place

in the Scottish Central Belt. The Prince's Trust aim to start an employment mentoring service intended for individuals similar to those on the Day1 programme. It is set to begin in March 2011 and will run for 12 months, Day1 is more than happy to be a part of the new service and has been asked to train 130 mentors-to-be. This flattering recommendation is a boost to Day1's reputation as the

achievements recognised by the Scottish Mentoring Network are beginning to be acknowledged by significant charities and this new opportunity will help Day1 to kick start a social enterprise in training delivery to the Prince's Trust, however, the go-ahead for this new service is still uncertain as the Prince's Trust are waiting to hear back about necessary funding, this should be decided within the next month.



Children in Need

Day1 is also lucky enough to be receiving its 4th year of funding in 2011 from the national grant provider, Children in Need. The sum of £18 thousand will be given to Day1 with a further £18 thousand in 2012. This future funding is testament to and recognition of the hard work and outcomes being achieved at Day1 and we are grateful for their continuing support. The generous funding will go towards core requirements for Day1 such as mentor training and Day1 activity costs.

Right: John Campbell And Craig Urquart canoeing on 'Into the Wild'



Day1 to give School Presentation

Also in January Day1 have been invited to present over two days to Inverness High School to encourage 6th years and



local employers to get involved with the High School 's new mentoring program. It provides employment links for local employers and provides excellent contacts for pupils heading straight into the working world.

Other High schools already benefitting from Day1' s mentoring expertise are

Culloden, Alness, Invergordon, Dingwall and Charleston. Day1 's credibility as an agency of choice for organisations considering where to go for mentoring input and guidance is strengthened by invitations like these and they also further develop the scope of Day1.

Left: Megann Macdonald and mentor Jo Young

Snowboarding Trip for our 12 New Recruits

January 2011 will see Day1 welcome 12 new young people to the program. This will maintain our operational capacity of 27 young people being actively mentored and will be our 9th program. The first activity for them will be snowboarding in Badaguish where they will get a chance to know the Day1 team and with the arctic weather this winter fingers crossed the conditions will be perfect.



Above: Group shot of a Day1 activities day in June 2010, enjoyed by Day1'ers and their mentors

Support for Lifescan



Day1 first worked with Lifescan Scotland 4 years ago to set up a

volunteering program which is supported by Lifescan employees. Lifescan Scotland is based in Inverness and is part of the multinational Johnson and Johnson group. They

are the largest employer in the Highlands with approximately 1,300 employees. Over two days in January, Corrin Henderson will be presenting to employees of Lifescan. The aim is to recruit new mentors through the Lifescan Employee Supported Volunteer program.

Business Section

Day1 has received extremely positive results from independently commissioned research into the Day1 Social Return on Investment (SROI) in December 2010. SROI is the accepted measure of evaluating the financial impact on third sector organisation, both historically and looking to the future. The research was conducted by the charitable consultancy The Forth Sector. The analysis shows a historic to date ratio of 1 to 3.14 and a future ratio of 1 to 8.9. This means that to date every £ invested in Day1 provides a return of £3.14 and every £ invested in the future will provide a return of £8.90. Day1 is justifiably proud of these statistics and will continue to work hard to maintain and improve upon these impressive figures.



Make a Donation

The year long mentoring program is a life changing experience for many of our young people and every donation helps to make this happen.



So If you would like to make a donation to Day1 or are simply considering it we would be very grateful to receive your contribution.

There are various ways to donate .A donation can be made by accessing our online website (see below) by going to the 'make a donation' page.

Day1 gratefully appreciates every penny given so thank you.

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